

HOPING

Speak Lord, your servants are listening! You are our Hope!

Some quiet music or a lighted candle may help bring the group/ yourself to stillness. Take a few quiet moments to be present to what has touched your heart in the text or in our sharing.

Read the text (together) again.

1. What do you want to say to the Lord? What hope or prayer FLOWS from your heart? What prayer is coming out of your life?

2. We are invited to speak our hope or our prayer aloud.



Allow spaces for silence in between the spoken prayers.

Closing Prayer:

May the Lord bless us and keep us;

May the Lord make his face shine upon us and be gracious to us;

May the Lord give us his peace. Amen.



Our deepest prayer is one that arises from the heart in response to the realities of life.
(Michael Casey OCSO, adapted)

Hearing Happening Hoping

Journey with God's Word this Lent

Week 1: Mark 1:12-15
The Word in the Wilderness



